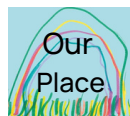


East Brighton Neighbourhood Action Plan (NAP) 2023-2026 refresh

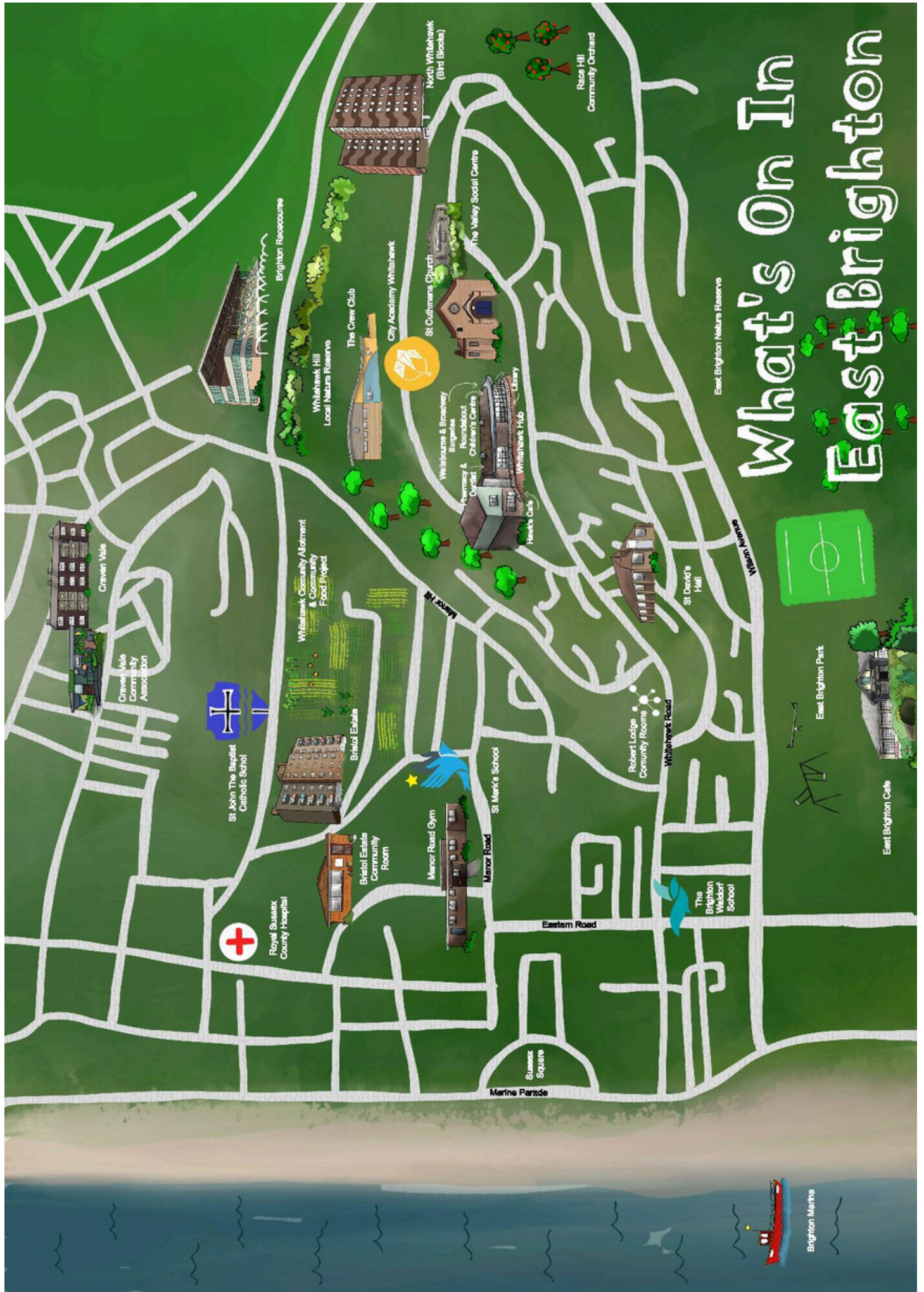
East Brighton
Trust



EAST + CENTRAL BRIGHTON
Primary Care Network
Arch | Ardingly | Broadway
Park Crescent | Pavilion
Regency | St Peter's | Wellsbourne



for brighton & hove



Due East Brighton

We are a Neighbourhood Charity that is entirely voluntary. We are all local residents who come together to ensure the views of our community are heard and information is shared. To this end we host public meetings and discussion groups, run a newsletter (3 issues annually) and administer the 'Bn2 Five' Facebook page.



Partnership

We work with other organisations like Bristol Estate Tenants and Leaseholders (BELTA), Craven Vale Community Association (CVCA) and East Brighton Trust (EBT) who know their communities best.



We also work with The Trust for Developing Communities (TDC) to administer a Healthy Neighbourhood Fund grant pot (Public Health funds). This can include matching groups to partners who can hold funds for them. We have given out grants to over 20 projects in the last 3 years.

Update

This Neighbourhood Action Plan is a commitment to working collaboratively to improve and develop East Brighton. It is based on a range of information that has come from events, meetings & conversations with residents from Whitehawk, Manor Farm, Bristol Estate and Craven Vale.

The last NAP was finished in 2018 and since then we have seen some good progress on projects, but we have also had the Covid pandemic and are experiencing the huge impact on people's health and well-being through the increasing cost of living. We have seen our communities come together in extraordinary ways to support each other and this is evident in some of our

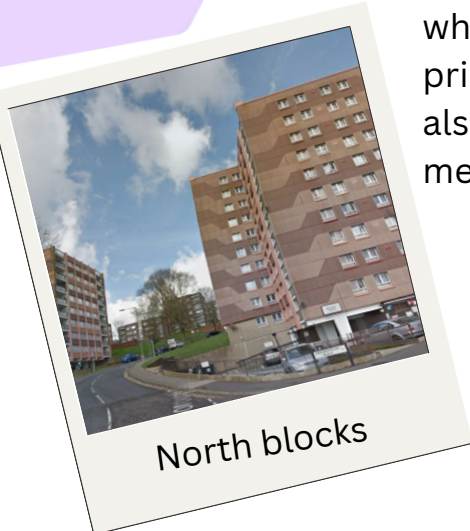
updates that follow under our themes:

- Housing & Safety for all
- Learning & Employment for all
- Health & Wellbeing for all
- Places & Spaces for all



East Brighton Neighbourhood Action Plan Update

Due East alongside host community spaces with support from TDC held pop-ups stalls at events, door knocked across Bristol Estate, North Whitehawk, Robert Lodge & Manor Farm as well as survey consultations both in person and online throughout 2022 and into 2023. We asked people to look at the NAP and tell us where there had been progress and what their new community priorities were. Over 800 people have responded so far. We also talked to services & and held 11 East area Networking meetings with providers.



North blocks

doorknocked over
500 households



Robert Lodge

10 pop-up consultation
stalls with over 200
responses



Bristol Estate

Asked over 300
residents at local
events and activities



Middle Park



Top Park

Focus groups with older people, young people & families, people with additional needs as well as a NAP community event at Whitehawk Library and Hub all played a part in gathering the data

East Brighton Communities



There are 14,010 people living in East Brighton,
of these 7,778 live in Whitehawk, Bristol Estate, manor Farm & Craven Vale



42% of families have lone parents compared to 24% in England.
27% children are in low income families compared to 20% in England.

Housing

66% live in social rented households and 55% in council housing compared to 18% and 9% respectively in England.
32% households in need of Housing Benefit compared to 9% in England.



Health



29% have a limiting long-term illness compared to 17% in England.
14% benefits claimants are not expected to work at present due to Health or a caring responsibility preventing them.
12% claim incapacity benefits compared to 4% in England.

Economy

94% are living in the most deprived 10% of areas of England.
48% are economically inactive compared to 39% in England.
19% claim working age workless benefits claimants compared to 8% in England.



Learning & Employment



25% are in full time employment compared to 34% in England.
30% have no qualifications compared to 18% in England.



Housing & Safety for all

Progress Report

The City council carried out a planning for real consultation for the new homes planned for North Whitehawk and need for a community space & green space are being included as a result. East Brighton Trust also surveyed residents about the development of the Green Room in Manor Farm.

Local Councillors and housing services offered a series of pop-up repairs and maintenance sessions. And residents on Bristol Estate were consulted on the Hidden Homes initiative and wider redevelopment of the Royal Sussex County Hospital and parking enforcement on the Estate.



Youth delivery has included outreach in the form of TDC youth bus and detached street work, which continued throughout the pandemic as allowed. And Children and family holiday schemes have run across a variety of locations, supporting over 100 children through the Holiday Activities Fund, Sussex Community Foundation & East Brighton Trust.

The Household support fund & warm homes fund has supported Older people, children and families to access a range of help which included energy vouchers and warm homes equipment like new radiators, microwaves and heated airer's

Parklife Community group worked with City Parks and the Council to redesign Middle and Top Park's for young people and families creating safer open spaces.

Craven Vale Community Association worked with a range of agencies to remove County-lines networks and Antisocial behaviour on their estate.



Housing & Safety for all Craven Vale's Story



Craven Vale is a Neighbourhood in East Brighton with around 750 households and the Craven Vale Community Association (CVCA) has been engaged in making their community a great place to live for almost 20 years. They hold regular meetings for residents to meet and work together on anything from seasonal celebrations, activities and events, to fundraising for community building projects.

During the last couple of years, residents started coming forward to report anti-social behaviour which was affecting multiple households. It was quickly apparent that several properties were being used and exploited by County-lines drug dealers. At the forefront were concerns for vulnerable residents & how it was affecting the wider community's health, safety and wellbeing.

The Committee and residents worked together to report their concerns safely, including inviting service providers such as the Council's Housing Department, the Police and Community Safety experts to regular meetings so everyone's voice was heard. A community safety reporting matrix was shared with every household and support was put in place for residents to report and gather the evidence needed to remove them from Craven Vale.

It took much courage and time, but the community, Police and partners were resolute in removing the drug dealers and the violence which came with them. The Committee and those affected attended the Violence Vulnerability & Exploitation (VVE) strategy meeting in 2022 to share with local police and service providers this model of good practice and how this could be used to help other communities tackle these issues in the future.

To find out more about
Craven Vale Community
and its activities and
history you can visit their
website at
cravenvale.wixsite.com



Housing & Safety for all

Priorities

Priority	Actions	Who	When
Safe & secure housing for local residents including new developments and existing infrastructure	Ensure community are consulted n developments and engaged in design	Residents BHCC Housing, estates, Highways & investment Team Social Landlords Brighton Housing Trust	Ongoing
Residents feel able to report ASB and crime & feel safer in their community	Raise awareness of reporting & communicating with the police & community safety team	Sussex Police BHCC Communities & Community Safety teams TDC Residents	Now
Park and pedestrian safety	Continue to explore a motorbike safety strategy	Residents BHCC Communities, Parks & Community Safety Sussex Police TDC	Ongoing
More Housing support including help to move & repairs & maintenance & other options for mobility adaption	digital support to to access help to move & more accessible housing advice for all social landlords	Residents & Community Groups BHCC Communities & Housing Teams All Social Landlords Ageing well Wellsbourne CIC AG	Soon



Learning & Employment for all Progress Report

A Community learning plan continues to be developed and has included:

- accredited offers in First Aid & Food Hygiene
- entry level courses offered by Varndean Adult Education College.
- bespoke courses in running community activity, including during the pandemic.
- managing stress and helping to regulate emotions.
- support to use digital tools.

You can get updates on The [Brighton Community Learning Facebook page](#).



Class Divide is an established campaign group striving for fairer access to education. You can find out more on their website and Facebook page.

Be the Change' mentoring programme has developed confidence and skills of young people.

My Place project in partnership with the Dome has engaged all ages in photography skills and put on a local exhibition.

Sussex Surplus based in Bristol Estate funded paid internships for young people aged 18+ with neurodiversity.

TDC recruited local people into project worker and engagement roles.

Finding your way, a learning course created pathways to employment for ethically diverse communities and Brighton Chamber has co-created with TDC an inclusive annual Employment Fair.



Learning and Employment for All

Lunch & Learn - our ESOL Story

TDC has been supporting Ukrainian families for over a year now with a focus on employability. Through this work we came into contact with Ukrainian senior members who said they had a real need for absolute beginner English classes. This message also came through Community Workers engaged with ethnically diverse residents at the St Cuthman's food project in Whitehawk.

So we came up with an idea of setting up a group in East and ran our first course late spring 2023. To encourage peer group and friendships the last days session was a trip to Stanmer park to share a picnic together. Now we are running the second course. On average 12 people attend each class at the Whitehawk Community Hub. This is highly motivated group; they study hard and even do homework! After each session the students share a lunch together and chat.



'After the course we have a lovely lunch together and I love it. The course is helping me to trust myself to be comfortable with different people and I have made new friends people and I have made new friends'

The participants didn't want to stop supporting each other after their course so TDC is now supporting them in partnership with Vardean College to become a peer coffee and conversation club so they can continue meeting to support each other's learning and well-being. This frees up the trainer to start another class.

'I am volunteering with the group, really makes me happy and makes really big difference to the vulnerable Ukrainian people'

Learning and Employment for all

Priorities

Priority	Actions	Who	When
More learning volunteering and employment opportunities for school leavers	Work with youth partners, schools and employability providers to develop	BHCC Schools East Youth providers Class Divide TDC Youth	Soon
Harness the intergenerational skillsets local people have to share & teach others	Develop a skills share space and recruit to project	Family Hub TDC Learning Local Groups Wellsbourne CIC	Now
Make learning & volunteering more inclusive and accessible to all ages	Provide more opportunities both in person and online	Varndean College TDC Learning and development Class Divide Community Works BHCC Health Lifestyles Team Ageing Well	Ongoing
Learning, volunteering and employment opportunities are communicated	Cascade more offers both online and off-line via posters, leaflets, newsletters	Due East BHCC Communities Team Employability Team TDC Community Learning	Now



Health & Wellbeing for all

Progress Report

Local food groups continue to work towards providing accessible support in partnership with Brighton & Hove Food Partnership and other providers. These include meal groups like East Brighton Food Cooperative, affordable food schemes like BrightStore and Emergency food offers like Whitehawk and Craven Vale food banks. Pay as you feel cafes also exist at Bristol Estate, Craven Vale and St Cuthman's with new Community fridges at both Belta & Hawks Cafe. Local food offers are listed on bhfood.org.uk/directory-hub

East Brighton Health Forum, Wellsbourne health Care CIC, Broadway and the East & Central Primary Care Network (PCN), Brighton & Hove City Council, TDC, The Carer's Centre, Macmillan are working with local venues to gather insight about health inequalities and improve access. This includes access to clinicians in community settings and access to healthy activities e.g. Qi-gong with a physiotherapist and Dementia drop-in's planned in North Whitehawk.



Due East and East Brighton Trust have funded over 30 local groups and projects over the past 3 years. These include food groups, activity & exercise groups, and well-being & connection groups. They reach communities of identity, e.g. Jasmine Sudanese women's group and People into Permaculture group that is inclusive of LGBTQ communities and disabled communities.

Heads On NHS Charities Together has funded various local Organisations to address health inequalities, including a project with Wellsbourne CIC, Speak Out and TDC that developed health advocacy groups to feed into the health forum and conditions specific peer networks, e.g. Diabetes.

Since 2018 a range of new networks have been established including

- Macmillan Horizon support for residents with cancer
- Amaze for parents and families with neurodiversity,
- Speak Out East drop in has built links with local partners so their members with learning difficulties can be more involved in their communities.
- The Carers Centre is offering outreach support for unpaid carer's.



Health & Wellbeing for All East Brighton Health Forum Story

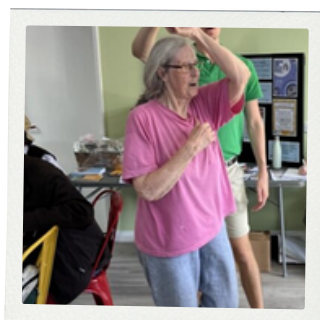
In June 2022, a group of community partners and residents came together to form the East Brighton Health Forum. This came after a consultation period, where TDC asked local residents what was important to them in their community, feeding directly into the Neighbourhood Action Plan from 2018. Much of the feedback focused around health & well-being, and it was decided that a designated group could take community priorities forward and bring the right services and solutions in.

Their Priorities included:

- **Staying safe through the costs of living crisis ~ Mental health and isolation**
- **Connecting communications and information about health activities and services**
- **Working better together to make activities and services more accessible**

Over the last 18 months, the group has

- Shared insights with practitioners, services and commissioners.
- Coordinated local responses to avoid duplication and reach those most in need.
- Introduced new organisations to the community e.g. Macmillan Horizon Centre.
- Co-produced BN2 5 local information about health and well-being offers.
- Supported community-led cost of living and winter warm welcome offers.
- Co-designed and delivered a Whitehawk community health event- bringing together public, private and voluntary health services and community providers.



“thanks for asking us to come down and get involved, it was great to see so many people volunteering and enjoying themselves, me included, I loved every minute of it”

Health & Wellbeing for all

Priorities

Priority	Actions	Who	When
Improved insight, coordination and communication about health service offers	Develop the health Forum and communication strategy.	East Brighton health Forum Due East TDC The PCN and partners BHCC Teams Community Spaces	Now
More activities for Older People	Increase 50+ community activity groups & services.	TDC Ageing Well partners BHCC healthy lifestyles Team BN2 5 Health forum 50+ groups	Ongoing
More diverse, accessible and inclusive activities	Bespoke health offers with community & city partners. Community group activity.	Due East Health Forum TDC health providers Speak Out East Amaze Diabetes group Wellsbourne CIC BHCC Healthy Lifestyles Team	Now
More affordable activities for children and young peoples & families	Community run family groups & activities Partnerships with community & city providers.	Due East BHCC Communities Team & Family Hub Park Life Hawks families group Albion Foundation The Manor Gym St Cuthmans TDC BHCC Healthy Lifestyles Team	Now



Places & Spaces for all

Progress Report

During the Pandemic community activity became more focused in essentials, like food and energy support; with local facilities offering open access drop ins. These facilities were supported with planning, managing risk, safeguarding and fundraising by TDC, Brighton & Hove Food Partnership, Community Works and The Resource Centre. Bristol Estate and Craven Vale community spaces continue to offer open access drop ins, along with Whitehawk library and St Cuthman's. For information on community space check our [what's on directory on BN2 5 Facebook](#).

East Brighton Trust contracted TDC to carry out a buildings audit in the area to see how they could support and develop community assets going forward.

The Manor Gym continues to offer low cost/free activities for residents of all ages to improve their health and well-being and social opportunities, including outreach with partners and at community events there and at other sites.

Robert Lodge rooms have been refurbished & have a new planning group and Kingfisher rooms in North Whitehawk have reformed the North Whitehawk Residents Association.

The Roundabout Children's Centre is extending into a Family Hub for 0-19's services and is collaborating with local providers and parents.

Green spaces have also become more appreciated through the pandemic and we have seen an increase in nature days, tree planting, gardening and allotment projects as well as Community gardening project at Wellsbourne GP surgery. Parklife successfully campaigned for the re-development of both Middle & Top Parks and continues to work on developing these spaces and others.





Places and Spaces for All Bristol Estate's Story

We opened up our community room for a drop-in space in Winter 2022. This began as a collaborative four-week pilot between ourselves, Sussex Surplus and TDC. It was one of four pilots across the city. Partners co-produced the project in response to a community consultation and adjusted in a weekly feedback loop. We have always shared information online, but found that in-person door knocking and leafleting really improved engagement. It also enabled us to tailor sessions to what people wanted on the door step.

The rising cost of living and opportunities to relax and socialise informally with food on weekday afternoons was a clear ask. They also wanted activities that supported their health and well-being, including cooking and healthy eating.



Public Living room sessions were hosted drop-ins, offering a range of optional activities with partners, e.g. Chair yoga. People could also drop in just to use our Wi-Fi or charge their phones and have a cuppa and use the Community Fridge.

We have reached new members of our community and have been able to link them into needed support services, from housing or financial advice services to health & well-being services. Some of the tasters have developed into their own activity groups. We have learnt and developed robust safeguarding and governance practices. We are developing new and extended well-being offers to meet the increased mental health concerns.



Chair yoga gives you a boost of energy. It's nice for people to come to the community Centre and do it together as a group it spurs you on.

Places & Spaces for all Priorities

Priorities	Actions	Who	When
Improve use of green and outside spaces for multi-generational use including pocket Parks	More Seating in green spaces and play equipment for different age groups. Support Skatepark project.	BHCC Parks & Housing Teams ParkLife Green groups Wellsbourne Garden Group BHCC Healthy Lifestyles Team Bristol Estate hub	Now
Accessible, Diverse & inclusive community spaces including informal spaces for all ages	Take actions on equality impact assessments with venues to Improve inclusive access.	The Manor Gym Bristol Estate Room Whitehawk Family Hub & Library The Vale East Area Network Speak Out East	Soon
Residents know what places & spaces & activities are available locally	Updated in person, hard copy and online communications & venue Coordination meetings.	Due East TDC All community Spaces BHCC community Team All providers of services	Now
Increased open access offers	Venues expand informal drop-in offers.	The Manor Gym Bristol Estate Whitehawk Family Hub & Library The Vale St Cuthmans Kingfisher Rooms Robert Lodge BHCC Communities	Soon

Acknowledgements

Due East would like to thank all those residents who took part in the NAP conversations, and our amazing volunteers who make such a difference to our Community. It was particularly difficult during the pandemic, but this document clearly celebrates the progress made even in challenging circumstances. We would also like to acknowledge the many dedicated service providers who take great pride in working in partnership with East Brighton's vibrant voluntary groups. If you would like to feedback on the NAP or be apart of the conversation contact Due East on feedbackdueeast@gmail.com

ABC Boxing Gym
Albion in the Community Foundation
Ageing Well Partnership
Amaze
Brighton People's Theatre
Bristol Estate Community Hub

Brighton & Hove City Council
Communities Team, Whitehawk Family Hub
Library, Public Health, Parks (Environment)
Resident involvement Team (Housing) Highways
& Investment Teams

Brighton & Hove Clinical Commissioning Group
East and Central Primary Care Network (PCN)
Wellsbourne and Broadway Surgeries & the
BHCC Healthy Lifestyles Team

Brighton & Hove Food Partnership
Brightstore & East Brighton Food Co-Op
Brighton Table Tennis Club

Community Works
Craven Vale Community Association
Due East Brighton
East Brighton Trust

East Area Networking
Feedback & Sussex Surplus

Hawks Children & Families Group
Hawks 50+ Group
MacMillan Horizon Centre
Our Place & The Dome
ParkLife
Planning 4 Real

Robert Lodge Community Space
Speak Out East
St Cuthmans Church
St Davids Hall
St Mark's School

Sussex Police
The BN2 5 Health Forum
The Manor Gym
The Resource Centre

The Trust for Developing
Communities
Walter May House
Ward Councillors
Whitehawk Arts Collective